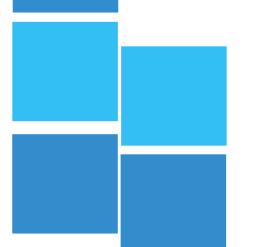
BULLETIN-2-



EUROPEAN SKI ORIENTEERING CHAMPIONSHIP



SARIKAMIŞ/TURKEY



















BULLETIN 2

ESOC-2019

WELCOME WORDS



In the program of the International Orienteering Federation of 2019 European Ski Orienteering Championships decided to be held in our city was welcomed with pleasure.

First of all Turkey Orienteering Federation with IOF officials I thank you on behalf of the people of Sarikamis and on my self Crystalline powder snow is its fame, at the same time it is a center of winter sports as a holiday paradise with yellow woods and natural beauty. In this sense, it has 4 ski lifts, 8 pistes and 30 km long ski slopes and it is hosting the international and national ski competitions.

To organizing High Level Competitions and Events in such a beautiful place will contribute to the promotion of the martyrs and the economic development of our region. I wish to all country representatives, technical teams and athletes to participate success in the European Ski Orienteering Championship when held on . I wish you all welcome the martyrs and winter sports center Sarıkamış, I hope that all the competitions will be successful and accident-free.

Göksal TOKSOY Mayor of Sarıkamış













ORGANISER TURKISH ORIENTEERING FEDERATION 4-12 February 2019 Sarıkamış-TURKEY

Event Director	Ibrahim COŞKUN
Assistant Event Director	Fatma Gül UZUNER
Event Secretary	Gülçin Gözaydın
Media	Nuri Dağdelen
Course Planner	Georgi Hadzhimitev

Contacts:

Gülçin Gözaydın

E-mail 1: gulcingozaydin@comu.edu.tr

E-mail 2: info@esoc2019.net

Mobile and WhatsApp: +90506 387 3615

Web page: http://www.esoc2019.net

Media:

Nuri DAĞDELEN: nuridagdelen@gmail.com

EVENT CONTROLLERS

IOF Senior Event Adviser	Markku Vauhkonen (FIN)
IOF Assistant Event	Vadim Konyshev (RUS)
Adviser	
National Controller	Yüksel KÖSEM







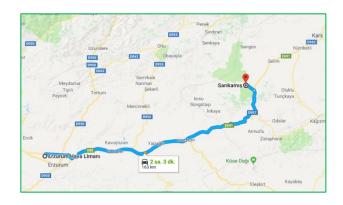


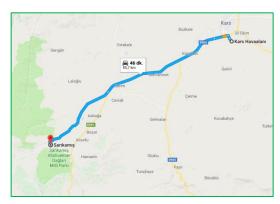




VENUE - SARIKAMIŞ







ERZURUM-SARIKAMIŞ:165km/2h

The event center will be at the SARIKAMIŞ Ski Center, Kars, TURKEY. Kars city-center and airport Harakani are at 56 km distance from the event center. 42°10" and 44°49"E 39°22" and 41°37" N

KARS-SARIKAMIŞ:56km/45min















ACCOMMODATION AND CATERING

Organizers strongly recommend all teams to accommodate at the event center. The accommodation has all facilities for teams within walking distance as it is a very compact modern hotel.

The organizers will provide transfers from and to Kars and Erzurum Airports to the Event Center for teams.

Accommodation available at the Event Centre:

		Price					
A KAYI HO	A KAYI HOTEL****/ full board with water (EVENT CENTER)						
	SINGLE						
	DOUBLE ROOM						
	TRIPLE ROOM	40 EURO					
B ŞEHRİBEYZ	B ŞEHRİBEYZA OTEL***/ full board with water (3 KM FROM EC)						
	DOUBLE ROOM	40 EURO					
	TRIPLE ROOM	35 EURO					
	4 PERSON	30 EURO					

% 50 PAYMENT OF ALL RESERVED ACCOMODATIONS SHOULD BE PAID BEFORE 25 NOVEMBER 2018, NO WARRANTY ROOMS AFTER 26^{TH} NOVEMBER 2018. WE CAN FIND ADDITIONAL ROOMS FROM ANOTHER HOTELS IF NEEDED. PRICES MIGHT BE CHANGE AFTER THAT.

Hotel "Kayı Snow Hotel" offers 50 double rooms. Please sent your reservations soon to Event Secretary. We are not warranty the rooms from EC after 15 November. All accomodations are Full board with water.

E-Mail	info@esoc2019.net
Web Page	http://esoc2019.net/accommodation.aspx

Teams may request information about other accommodation, please contact the Event Secretary by ABOVE e-mail.

CLASSES AND PARTICIPATION

ESOC: Men 21 and Women 21

Each federation can enter up to 6 athletes in each class in the individual competitions, up to 2 teams in the relay competitions and up to 3 teams in the mixed relay competitions.

Only competitors representing member federations of the IOF, defined by the International Olympic Committee as belonging to the European continent, can compete in ESOC.

Competitors representing other member federations of the IOF are able to participate in ESOC but will not be eligible for European titles, medals or diplomas.

UPDATED PROGRAM

Arrival
Arrival, Model Event-OPENING CEREMONY
Sprint
Mixed Sprint Relay
Middle
Rest Day
Long
Relay-BANQUET
Departure













EMBARGOED AREA



The competition area is situated to the south-east of town SARIKAMIŞ.

TERRAIN DESCRIPTION

The competition terrains around Sarıkamış are mostlypine forests at 2100-2300 metres above sea level. The terrains are dominated by mountain slopes and hills up to 100 metres from lowest to the highest point and plateau areas with smaller hills. Some stream gullies are breaking out from hillsides. The terrain is fairly open and clear. There are almost no bushes nor other undervegetation in the terrain. There very few of features in the terrain, which makes the orienteering challenging and dependend on the excellent track system navigation.

Sarıkamış is the only province with a high forested area in Kars province. The name of the town comes from the Pinus sylvestris trees.

The 95% of the terrain is covered with pine forest of different age. In general, the visibility is good during winter season.

OPPORTUNITIES FOR TRAINING

Competitors can take part in Turkish Ski Orienteering Championships held in Şenkaya/Erzurum (95km to SARIKAMIŞ) (https://goo.gl/maps/cvLJgTZpYkF2) 12-13 January 2019. Information will be available later on website.

For the teams that want to arrive to earlier to accommodate to a higher altitude, the organizers will provide a possibility for the teams to practice on cross-country skiing tracks on non-restricted area in Sarikamis. The organizers are also investigating possibilities for training on a map and ski orienteering tracks in Erzurum.

For more information, please contact secretary by e-mail:

E-Mail 1	gulcingozaydin@comu.edu.tr
E-Mail 2	info@esoc2019.net
Web Page	http://www.esoc2019.net/
Gülçin Gözaydın Whatsapp	+90506 387 3615













BULLETIN 2

ESOC-2019

MAPS AND COURSES

All maps and course overprint are according to International Specification for Ski Orienteering Maps 2014

Competition	Scale	Contour interval
Mixed Sprint Relay	1:5000	5m
Sprint	1:5000	5m
Long Distance	1:10000	5m
Middle Distance	1:7500	5m
Relay	1:7500	5m

Competition	Winning time
Mixed Sprint Relay	6-8 min (per leg)
Sprint M	10-15 min
Sprint W	10-15 min
Long Distance M	95-100 min
Long Distance W	75-80 min
Middle Distance M	30-40 min
Middle Distance W	25-35 min
Relay M	30-35 min (per leg)
Relay W	30-35 min (per leg)

ENTRIES

Preliminary entries giving the number of competitors of each gender, the number of relay teams, the number of team officials and the team manager's name, address, e-mail address and phone/fax should be received by organizer no later than 15/12/2018.

The deadline for final entries is January 15, 2019. In this stage, you must provide the names of competitors and team officials.

Entry forms will be available on website.

http://www.esoc2019.net/index.html

E-mail for registration: info@esoc2019.net

FEES

Fees include competitions, waxing cabin rent, parking area, internet at hotels.

Competition	Before 5 JAN 2019 (€)	From 5 JAN to 15 JAN 2019 (€)			
Mixed Sprint Relay (team)	80	90			
Sprint M	45	55			
Sprint W	45	55			
Long Distance M	45	55			
Long Distance W	45	55			
Middle Distance M	45	55			
Middle Distance W	45	55			
Relay (team) M	120	150			
Relay (team) W	120	150			
Banquet	30	40			
Officials	50	60			
Media accreditation	0	0			













		Price
KAYI HOTEL	PER PERSON/DAY	
Α	SINGLE	65 EURO
В	DOUBLE ROOM	45 EURO
С	TRIPLE ROOM	40 EURO
ŞEHRİBEYZA (INCLUDE TRANSFER	
Α	DOUBLE ROOM	40 EURO
В	TRIPLE ROOM	35 EURO
С	4 PERSON	30 EURO

% 50 PAYMENT OF ALL RESERVED ACCOMODATIONS SHOULD BE PAID BEFORE 25 NOVEMBER 2018, NO WARRANTY ROOMS AFTER 26TH NOVEMBER 2018 FROM BOTH HOTELS AT ABOVE. WE CAN FIND ADDITIONAL ROOMS FROM ANOTHER HOTELS IF NEEDED. PRICES MIGHT BE CHANGE AFTER THAT.

Teams may request information about other accommodation, please contact the Event Secretary.

All entry fees, REST OF THE accommodations should be paid before 5 January 2019.

(EURO) ACCOUNT NAME: Türkiye Oryantiring Federasyonu

BANK NAME: Halkbank / Kavaklıdere Şubesi

BANK NUMBER (IBAN): TR 64 0001 2009 1970 0058 0001 87

SWIFT/BIC: TRHBTR2A

NB! Bank transfer fees must be covered by the transmitter!

VISA

Countries needing a visa should request a "letter of invitation" from the organizer, sending an email to:

info@esoc2019.net before 5 January 2019 as latest.

Apply for your visa at your nearest Turkish Embassy. Note that requirements for entry into Turkey may change. We advise all participants to keep themselves informed about the current political situation by consulting their Turkish Embassy.

For more information check following web page: http://www.mfa.gov.tr/visa-information-for-foreigners.en.mfa

PUNCHING SYSTEM

SPORTident AIR+ system will be used. The organizers will provide Si-cards for all competitors.

TRANSPORT

All transfers to and from accommodation during the event: from airport, bus station are included in accommodation price.

There are sevaral daily flights from following airlines.

Turkish Airlines; İstanbul-Kars, Ankara-Kars

Pegasus Airlines; İstanbul-Kars, Esenboğa (Ankara)-Kars, Antalya-Kars, İzmir -Kars

https://www.turkishairlines.com/ https://www.flypgs.com/

ANTI-DOPING

Doping is strictly forbidden: "think positive - test negative". Doping tests will be conducted.













CLIMATE

Kars is the coldest region in Turkev with an average high temperature of only 13°C. The climate is much more unsettled than in central Europe and offers varied seasons with deep winters and warm summers.

	January	February	March	April	May	June	July	August	September	October	November	December
Avg. Temperature (°C)	-9.8	-8.1	-2.2	5.6	10	13.6	17.7	17.8	13.6	7.5	1.2	-5.5
Min. Temperature (°C)	-15	-13.7	-7.2	0	3.9	6.6	10	9.7	5.3	0.5	-4.3	-10.1
Max. Temperature (°C)	-4.5	-2.5	2.9	11.2	16.1	20.7	25.4	25.9	21.9	14.5	6.8	-0.8
Avg. Temperature (°F)	14.4	17.4	28.0	42.1	50.0	56.5	63.9	64.0	56.5	45.5	34.2	22.1
Min. Temperature (°F)	5.0	7.3	19.0	32.0	39.0	43.9	50.0	49.5	41.5	32.9	24.3	13.8
Max. Temperature (°F)	23.9	27.5	37.2	52.2	61.0	69.3	77.7	78.6	71.4	58.1	44.2	30.6
Precipitation / Rainfall (mm)	21	24	28	47	78	74	46	36	27	39	28	22

MEDIA

Media services are located in the Event Center. There is no accreditation fee for media representatives All media representatives are kindly asked to register with indication of their status (TV, radio, writing journalist, photo) by 12 January, 2019.

E-mail for registration:

The press center provides wireless Internet, fax and copy services to media representatives.

Contact person –Nuri Dağdelen E-mail: nuridagdelen@gmail.com

IMPORTANT DATES

Booking of accommodation and catering (%50 payment) -25 November 2018 Preliminary entries -15/12/2018

Visa invitation request -5 January 2019

Pre-Payments: 15/12/2018

Media registration -12 January 2019 Final entries -15 January 2019





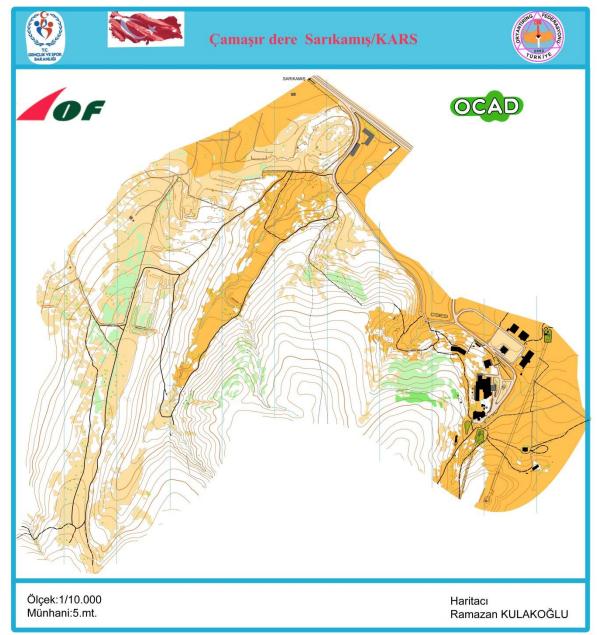








PREVIOUS MAP OF THE COMPETITION AREA















Katerina Hunting Lodge: It is located in the forest in northwestern part of Sarıkamış, 1 km far away from the city. Known as the "Katerina mansion" by locals, the Katerina Hunting Lodge was built in Kars' Sarıkamış while the district was under Russian occupation for 40 years after the Ottoman-Russian War. In 1877 - 1878 The mansion is believed to have been built for Katerina, the wife of Czar Nicholas II, but it was also built as a rehabilitation center for their so n and a hunting lodge for the family.

Built in 1896, the 28-room hunting lodge is located in Sarıkamış forest on a 6,500-square-meter piece of land and also includes a wooden building next to it. The structure characterizes 19th century Baltic architecture. The most remarkable feature of the lodge is the building technique, where solid wood panels were fastened together without using any nails. It has a heating system called "peç" This system has been used in almost all of the buildings and other stone structures at Kars, Erzurum and especially Sarıkamış. Transportation to both the mansion and the other regions is provided by rail. Historical remains are the best example of this.





